Trauma

Say you're there when I feel helpless If that's true, why don't you help me? It's my fault, I know I'm selfish Stand alone, my soul is jealous It wants love, but I reject it Trade my joy for my protection

Grab my hand, I'm drowning
I feel my heart pounding
Why haven't you found me yet?
I hold you so proudly
Traumas, they surround me
I wish you'd just love me back

Say you're here, but I don't feel it Give me peace, but then you steal it Watch them laugh at all my secrets Scream and yell, but I feel speechless Ask for help, you call it weakness Lied and promised me my freedom

Grab my hand, I'm drowning
I feel my heart pounding
Why haven't you found me yet?
I hold you so proudly
Traumas, they surround me
I wish you'd just love me back

Grab my hand, I'm drowning I feel my heart pounding Why haven't you found me yet?

Happy

Dear God, please, hear me out I know it's been a couple years Since I've reached out and said hello I bet You're wondering

Why I keep Obsessing on and stressing all the little things When I should be Living life and soaking up the memories

I know I've been selfish, I have No excuse to give you, it's true Hanging by a thread's how I live I don't know why, but I feel more comfortable

Living in my agony, watching my self-esteem Go up in flames, acting like I don't Care what anyone else thinks, when I know truthfully That that's the furthest thing from how I

Feel, but I'm too proud to open up and ask ya To pick me up and pull me out this hole I'm trapped in The truth is, I need help, but I just can't imagine who Who I'd be if I was happy

Yeah, been this way so long
It feels like something's off when I'm not depressed
I got some issues that I won't address
I got some baggage I ain't opened yet

I got some demons I should put to rest I got some traumas that I can't forget I got some phone calls I been avoiding Some family members I don't really connect with

Some things I said I wish I would of not let slip Some hurtful words that never should of left my lips Some bridges burned, I'm not ready to rebuild yet Some insecurities I haven't dealt with, yes

I'll be the first to admit that I'm a lonely soul And the last to admit I need a hand to hold Losing hope, headed down a dangerous road Strange, I know, but I feel most at home when I'm

Living in my agony, watching my self-esteem Go up in flames acting, like I don't Care what anyone else thinks, when I know truthfully That that's the furthest thing from how I

Feel, but I'm too proud to open up and ask ya To pick me up and pull me out this hole I'm trapped in The truth is, I need help, but I just can't imagine who Who I'd be if I was happy

Don't know what's around the bend Don't know what my future is But I can't keep on living in

Living in my agony, watching my self-esteem Go up in flames acting, like I don't Care what anyone else thinks, when I know truthfully That that's the furthest thing from how I

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If I was happy

If I was happy

I'm not on your radar? Then your radar's broke

Don't blame me for the way y'alls jokes

Fall flat, get your mouth slapped, ain't no hoax

I get an inkling, they picked me for the weak link

I'm gonna have to pose

A question for the ones that don't accept that I've been exceptional

'Cause the moment I get involved is the moment a song takes off

So how could you think I wouldn't last long in a game

That I was made to play? What do y'all take me for?

Rest assured

When I do come back to tour, it'll be Christmas morning

In a way 'cause I'ma wake up with a present so big, they'll jump for joy

Yeah, let it be known, I'm better when I'm outta control

I can not be the butt of a joke

I'm cutting in the front of you posers talkin' like you really a pro

When you ain't even part of the convo

Nothin' but an amateur, I'll slow down when I want it colossal

Only way to put it if I chose

I could be bigger, maybe consider it a bit if it was helpin' you all

To comprehend, you condescend (you're gone)

Incompetent, the consequences (are)

Hard to miss, it's common sense (I'm on)

One, so wrap your head around it (or)

I might have to get up off the porch

Show you how it's done, I got the form

Power trippin' on me, get destroyed

Pull the plug, I'm rollin' up your cord

Fool me once, shame on you

Fool me twice, shame on you

Fool me three times, hold up, rewind

That's not even possible

Me, I keep it honorable

Who's your favorite? Let me know

Tally up, count the votes

Wasn't me? That's a joke

Yeah, ayy, that's a joke

That's a, that's a joke

Funny, yeah, that's a joke

That's a, that's a joke

Funny, woo, that's a joke

That's a, that's a joke

Funny, ayy, that's a joke

That's a joke

Yeah, I took a minute now, I'm at the better end of all of it

The day I wanna quit'll be a bitter one to swallow

'Cause I meant it when I said I wasn't really into audibles

I guess you gotta call 'em when your odds are at the bottom

And it's stackin' up against you, it's a pity, but they gotta give a nod to me

I'm runnin' with the best, I been the kind to make a profit

Off of everything that you told me was impossible

So why would you continue with the narrative

And not admit I'm someone incredible, look of a general Hit 'em with the end of shovel, they wanna forget it I put 'em on the ground and I get up and open the pit of my stomach To remind 'em again I'm a whole different animal Whatever the case, I'ma get it, I'm in it, no doubt, I would give it Everything if I gotta, but not if the commas Are pushin' me to run with the common, the jokin' aside If you took away the dummies and bias, you'll notice that I'm insane (insane) Improved a lot, but I still feel It's hard to keep my lid from poppin' off, but I prevail How you gonna skip over the details And tell me to be focused? Hold that thought Don't tell me you mean well if you don't mean well I call the shots, but don't need my hand held When it comes to makin' records Who you know that does that better? The way I connect letters You'd think that the alphabet was made by me When it comes to storytellin', I'm great at it Tune in or get tuned out, my face got redder 'Cause I'm embarrassed for the ones unaware of my work What, did I stutter? Known to be cordial But those that think that never seen me in a war zone My delivery gets better every time I spit I don't keep my sword low Tell me why would I do that? Doesn't make sense when you're in a game this cutthroat If you wanna maintain control, then you gotta keep up If you can't handle the workload Somebody else will How could you call me unskilled? That's like lookin' at Mount Everest and then calling it a small hill Not at all thrilled, I'm in awe still Tryin' not to laugh, but it just spills Out sometimes, I been writin' chill Just chew on this 'til the record's built, okay Fool me once, shame on you Fool me twice, shame on you (on you) Fool me three times, hold up, rewind That's not even possible Me, I keep it honorable (okay) Who's your favorite? Let me know (let me know) Tally up, count the votes Wasn't me? That's a joke Yeah, ayy, that's a joke (joke) That's a, that's a joke (joke) Funny, yeah, that's a joke (joke) That's a, that's a joke (joke) Funny, woo, that's a joke (joke)

That's a, that's a joke (joke)

Funny, ayy, that's a joke That's a joke